

8 WEEKS TO WELLNESS®

LET US HELP YOU PLAN FOR
A HEALTHIER FUTURE.

8 Weeks to Wellness® is unique. Unlike other wellness programs that make promises and then don't deliver — our program works. We have the success stories to prove it — 1000+ of them.

So pick up the phone today, and make the one call that can put you on the road to a healthier future. This could be the most important call you ever make.

212.579.2858

CATCH A WEALTH OF HEALTH

Come join our West 78th Street Friends and Family Extravaganza

**SATURDAY, MAY 22ND,
11AM TO 3PM**

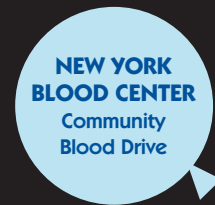
FREE Health & Wellness Evaluations, Computerized Nerve-Stress Scans, Nutritious Shakes and Snack Bars, Healthy Recipes to Make

at Home, Interactive Fitness Demos, Body Composition Analysis and more.



FREE Mini Sessions
Chair Massage, Reiki, Thai-Yoga, and Meditation.

LOTS OF FUN FOR KIDS!
Moon Bounce
Face Painting
Tattoos



RAFFLES and great prizes!

RUMMAGE SALE

You never know what you'll find.

**LET'S ALL SPRING
OUR NEIGHBORHOOD
INTO GREAT HEALTH!**



**Well Balanced
Chiropractic**

Give us 8 weeks and we'll change the rest of your life.®

8 Weeks to Wellness® focuses on health not sickness and encompasses all the fundamental therapies including:

- ♥ Total Health & Fitness Assessment
- ♥ Complete Blood Workup
- ♥ Body Composition Analysis
- ♥ Personalized Diet Program
- ♥ Wellness Education
- ♥ Chiropractic Adjustments
- ♥ On-Site Personal Fitness Training
- ♥ Massage, Reiki, and/or Thai Yoga
- ♥ Meditation Instruction

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www.wellbalancedchiropractic.com